

SWAN HILLS GOJU RYU KARATE

NEWSLETTER November/December 2021

Special Instructor Session.

Saturday 20th November. 12.00 noon class.

The guest instructor will be Sensei Mark Golding of Gold Martial Arts academy. Sensei Mark has been a national competitor for many years, State, National and World Competitions multiple gold medal kumite competitor in all and world champion. W A state coach, National coach, the chair of the AKF kumite coaching squad. Past vice president of the WAKF, head of the WAKF coaching panel for 6 years as well as the head of the WAKF state selection panel. The kumite coach representing Australia at the Tokyo Olympic games.

Kobudo Grading (Weapons)

Saturday 20th November 2021

There will be a lesson followed by the grading in the normal time starting at 1.20 pm, for those who are eligible. Information already receive by most students.

Bridgetown, Greenbush's and Donnybrook dojos Saturday 27th 9.30 am Sunday 28th November 2021 at 9.00am

Training sessions have been organized the day before Saturday 27th November 9.30am and are being conducted by Sensei Bob at the Bridgetown dojo, firstly basic and grading syllabus followed by training for higher grades, then a Kobudo lesson. Sunday 28th November grading times are 9.00am white belts, 9.30 green belts at 11.00am for Kobudo Grading.

Dinner at the BOB Tavern High Wycombe

Saturday 11th December 6.30pm 2021

The Christmas get together for the senior members has been booked, numbers will be required to confirm the booking

JUNIOR members and family

Sunday 12th December 2021 9.30am

This is to be held at **Lake Leschenaultia** for the younger members of the dojo as well as adults and families. It is from 9.00am until you decide to go home. Bring bathers and towels and sun screen and insect repellent as well as deck chairs etc.

Sausage sizzle supplied and a can of cool drink, cost free Bring Family and friends. No Karate training, just fun.

Grading Midland and Eastern Hills will be held for:

All grades **Sunday 5th December 2021** at the MIDLAND HOMBU DOJO, unit 5 4-10 Farrall Road Midvale.

Grading time Grade & Cost Please note: that all fees should be paid up to date to be eligible for this grading

Saturday lower Kyu grading white to 3rd kyu attempting Brown), Saturday 5th Dec (16+) Senior junior	From 3rd Brown & Black Belts (attempting 2nd kyu and above) (16+) Senior Junior
Cost are if attempting yellow grades	attempting 2 nd kyu & 1 st kyu
Cost are if attempting green grades	attempting Shodan (1 st Dan)
Cost are if attempting Brown grades	All will start from Times to be confirmed
White belts (start from) 9.00am	
All Greens and above (Approx. from) 11.00am	<i>Times of grading will be confirmed closer to the day.</i>

PRESENTATION FOR METRO DOJOS

Eastern Hills; Junior presentation will be held on **Thursday 9th December 2021** Commencing with Joint training at 5.30^{pm} all attend please. A PRESENTATION AT **6.30^{pm} AFTER SHORT DISPLAY;** Parents pick up time is **7.15^{pm}** plus bring a plate juniors and drink for a party after finishing **7.30^{pm} Senior's** class will be as normal **7.30^{pm}** you can do both if you like.

Midland; Saturday 11th December 2021 this will be after combined lesson on this day commencing **10.00am** ending with a demonstration and grading presentation. The Brown and Black belt class as well as Kobudo will run as normal for those who wish to stay.

CHRISTMAS BREAK Last lesson Saturday 18th December 2021 and starting back Monday 17th January 2022